**Let go…**

to **“let go”** does not mean to stop caring, it means I can’t do it for someone else

to **“let go”** is not to cut myself off, it’s the realization I can’t control others

to **“let go”** is not to enable, but to allow learning from natural consequences

to **“let go”** is to admit powerlessness, which means the outcome is not in my hands

to **“let go”** is not to try and to change or blame another, it’s to make the most of myself

to **“let go”** is not to care for, but to care about

to **“let go”** is not to fix, but to be supportive

to **“let go”** is not to judge, but to allow another to be a human being

to **“let go”** is not to be in the middle arranging all the outcomes but to allow others to affect their destines

to **“let go”** is not to be protective, it’s to permit another to face reality

to **“let go”** is not to deny, but to accept

to **“let go”** is not to nag, scold or argue, but instead to search out my own shortcomings and correct them

to **“let go”** is not to adjust everything to my desires but to take each day as it comes, and cherish myself in it

to **“let go”** is not to criticize and regulate anybody but to try to become what I dream I can be

to **“let go”** is not to regret the past, but to grow and live for the future

to **“let go”** is to fear less, and love more

*---UNKNOWN*